



Benefits, Value Added Services and Premiums are effective January 1, 2013 through  
December 31, 2013

PLAN DESIGN AND BENEFITS  
PROVIDED BY AETNA LIFE INSURANCE COMPANY

PLAN FEATURES	Network Providers
Combined In and Out of Network Deductible (Plan Level/includes Network Deductible)	\$200

Unless otherwise indicated, the Deductible must be met prior to benefits being payable.

**In-network services exempt from Deductible:** Emergency Room Ambulance, Non-Emergency Room Ambulance, Emergency Room including foreign travel, Urgently Needed Care, Diabetic Supplies, Blood, Dialysis, Part B Drugs, Routine Hearing Exams, Routine Eye Exams, and all Medicare-Covered Preventive Services.

Deductible is NOT applicable to Hearing Aid Reimbursement, Vision Reimbursement and Medicare prescription drug coverage that may be available on your plan.

Member Coinsurance	N/A
Applies to all expenses unless otherwise stated.	
Annual Maximum Out-of-Pocket Amount (includes deductible)	\$3,400
Combined Annual Maximum Out-of-Pocket Amount (Plan Level / includes deductible)	N/A

Annual Maximum Out-of-pocket Limit amount applies to all medical expenses. Part D prescription drug deductibles and copays do not apply to the plan out of pocket maximum.

Primary Care Physician Selection - Lower Primary Care Physicians cost share applies when care is received by a general practitioner, family practitioner or internist.	Optional
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**Certification Requirements**

There is not a requirement for member pre-certification. If a member fails to obtain pre-certification they will not be denied services or will any penalty amount be applied. However, pre-certification is requested by the Aetna provider on certain services including inpatient hospital care, inpatient mental health and substance abuse, skilled nursing facility, home health care and some durable medical equipment.

<b>Referral Requirement</b>	None
<b>PREVENTIVE CARE</b>	

<b>"Welcome to Medicare" physical exam</b>	Covered 100%; Deductible does not apply
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<b>Annual Wellness Exams</b> One exam every 12 months	Covered 100%; Deductible does not apply
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<b>Medicare Covered Immunizations</b> Pneumococcal, Flu, Hepatitis B	Covered 100%; Deductible does not apply
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<b>Routine GYN Care</b> (Cervical and Vaginal Cancer Screenings) One routine GYN visit and pap smear every 12 months	Covered 100%; Deductible does not apply
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<b>Routine Mammograms (Breast Cancer Screening)</b>	Covered 100%; Deductible does not apply
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One baseline mammogram for members 35-39; and one annual mammogram for members age 40 and over

<b>Routine Prostate Cancer Screening Exam</b> For covered males age 50 and over every 12 months	Covered 100%; Deductible does not apply
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<b>Routine Colorectal Cancer Screening</b> For all members age 50 and over.	Covered 100%; Deductible does not apply
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<b>Routine Bone Mass Measurement</b> One exam every 24 months	Covered 100%; Deductible does not apply
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<b>Additional Medicare Preventive Services***</b>	Covered 100%; Deductible does not apply
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<b>Routine Hearing Screening</b> One annual exam	Covered 100%; Deductible does not apply
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**PHYSICIAN SERVICES**

<b>Primary Care Physician Visits</b>	Covered 100%; Deductible Applies
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<b>Primary Care Physician Visits (after hours)</b>	Covered 100%; Deductible Applies
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Includes services of an internist, general physician, family practitioner.

<b>Physician Specialist Visits</b>	\$20 Copay; Deductible Applies
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<b>Allergy Testing/Treatment</b>	Covered 100%; Deductible Applies
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**DIAGNOSTIC PROCEDURES**



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<b>Outpatient Diagnostic Tests and Therapeutic Services and Supplies</b>	<p>Covered 100% for each Medicare-covered X-ray visit and/or simple diagnostic test Deductible applies.</p> <p>100% coverage for each Medicare-covered complex diagnostic test and/or radiology visit Deductible applies.</p> <p>Covered 100% for each Medicare-covered radiation therapy treatment Deductible applies.</p> <p>Covered 100% for Medicare-covered supplies Deductible applies.</p> <p>Covered 100% for each Medicare-covered clinical/diagnostic lab test Deductible applies.</p> <p>Covered 100% per Medicare-covered pint of blood Deductible does not apply.</p>
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**EMERGENCY MEDICAL CARE**

<b>Urgently Needed Care</b>	\$20 Copay Deductible does not apply
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<b>Emergency Care; Worldwide (waived if immediately admitted to the inpatient facility)</b>	\$65 Copay; Deductible does not apply
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<b>Ambulance Services</b>	Covered 100%; Deductible does not apply
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**HOSPITAL CARE**

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<b>Inpatient Hospital Care</b>	Covered 100%; Deductible Applies
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<b>Outpatient Surgery</b>	Covered 100% for a visit to a network primary care physician in an outpatient hospital setting/clinic for Medicare-covered non-surgical services. Deductible Applies.
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\$20 Copay for a visit to a network specialist in an outpatient hospital setting/clinic for Medicare-covered non-surgical services. Deductible applies.

The member cost sharing applies to covered benefits incurred during a member's outpatient visit. Cost sharing will be based upon the type of service received (consultations, test/ labs/ radiology) and the highest copayment will apply.

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**MENTAL HEALTH SERVICES**

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<b>Inpatient Mental Health Care</b>	Covered 100%; Deductible Applies
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The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

<b>Outpatient Mental Health Care</b>	Covered 100%; Deductible Applies
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**ALCOHOL/DRUG ABUSE SERVICES**

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<b>Inpatient Substance Abuse (Detox and Rehab)</b>	Covered 100%; Deductible Applies
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The member cost sharing applies to covered benefits incurred during a member's inpatient stay

<b>Outpatient Substance Abuse (Detox and Rehab); Including Partial Hospitalization</b>	Covered 100%; Deductible Applies
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The member cost sharing applies to covered benefits incurred during a member's outpatient visit.

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**OTHER SERVICES**

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<b>Skilled Nursing Facility (SNF) Care</b>	Covered 100%; Deductible Applies
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Limited to 100 days per Medicare benefit period.

The member cost sharing applies to covered benefits incurred during a member's inpatient stay.

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<b>Home Health Agency Care</b>	Covered 100%; Deductible Applies
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<b>Hospice Care</b>	Covered by Medicare at a Medicare certified hospice \$20 Copay for consultation; Deductible does not apply
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<b>Outpatient Rehabilitation Services</b>	\$20 Copay; Deductible Applies
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Covered Services: Speech, Physical, and Occupational therapy.

<b>Cardiac Rehabilitation Services</b>	\$20 Copay; Deductible Applies
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<b>Pulmonary Rehabilitation Services</b>	\$20 Copay; Deductible Applies
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<b>Chiropractic Services</b>	\$20 Copay; Deductible Applies
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For manipulation of the spine to the extent covered by Medicare

<b>Non-Medicare Covered Chiropractic Services</b>	20% Coinsurance; Deductible Applies
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Benefits are provided for ancillary treatment such as massage therapy, heat and electro-stimulation provided by a licensed chiropractor in conjunction with an active course of treatment.

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<b>Durable Medical Equipment</b> - includes wigs and compression stockings	Covered 100%; Deductible Applies
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<b>Prosthetic Devices</b>	Covered 100%; Deductible Applies
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<b>Podiatry Services</b>	\$20 Copay; Deductible Applies
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In addition to Medicare covered services, plan will cover routine service for the removal of corns and calluses.

<b>Diabetic Supplies</b>	Covered 100%; Deductible does not apply
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Covered services include: Blood glucose monitor, blood glucose test strips, urine test strips, lancet.

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**Outpatient Dialysis Treatments**

Covered 100% for each Medicare-covered kidney education session.  
Deductible applies.

Covered 100% for Medicare-covered outpatient or physician office dialysis.  
Deductible does not apply.

Covered 100% for Medicare-covered home dialysis or home support services.  
Deductible does not apply.

Covered 100% for Medicare-covered self-dialysis training. Deductible does  
not apply.

Covered 100% for Medicare-covered home dialysis equipment and supplies.  
Deductible applies

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<b>Medical nutrition therapy</b>	Covered 100%
<b>Medicare Part B Prescription Drugs</b>	Covered 100%
<b>Medicare Covered Dental</b>	\$20 copay; Deductible Applies
Coverage for Medicare Covered Benefits Only.	
<b>Vision Care</b>	<p>Covered 100% for visits to a network primary care physician for Medicare-covered exams to diagnose and treat diseases of the eye. Deductible applies.</p> <p>\$20 copay for visits to a network specialist for Medicare-covered exams to diagnose and treat diseases of the eye. Deductible applies.</p> <p>Covered 100% for Medicare-covered glaucoma screening. Deductible does not apply.</p> <p>Covered 100% for glasses/contacts following Medicare covered cataract surgery. Deductible applies.</p>
<b>Temporomandibular Joint Syndrome (TMJ)</b>	20% Coinsurance; Deductible Applies
<p>Coverage is provided for the treatment of a specific organic condition of or physical trauma to the temporomandibular joint (jaw hinge). Coverage is limited to surgery or injections of the temporomandibular joint, physical therapy, or other medical treatments. Benefits are not provided for any temporomandibular joint syndrome services not listed as covered in the Covered Services section. Coverage is not provided for any procedure or device that alters the vertical relationship of the teeth or the relation of the mandible to the maxilla. Dental services related to TMJ are not covered.</p>	
<b>Hearing Aid Reimbursement</b>	Discounts where available
<b>Coaching</b> One phone call per week	Included
<b>Acupuncture</b>	Discounts where available
<b>Fitness Membership</b>	Silver & Fit
<b>PHARMACY - PRESCRIPTION DRUG BENEFITS</b>	<b>Cost Share</b>
<b>Prescription drug calendar year deductible</b>	\$0
<p>Prescription drug calendar year deductible must be satisfied before any Medicare Prescription Drug benefits are paid. Covered Medicare Prescription Drug expenses will accumulate toward the pharmacy deductible.</p>	



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<b>Initial Coverage Limit (ICL)</b>	<b>\$2,970</b>	<b>Covered Medicare Prescription Drug Expenditure</b>
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The Initial Coverage Limit includes the applicable plan deductible. Until covered Medicare Prescription Drug expenses reach the Initial Coverage Limit (and after the deductible is satisfied), cost-sharing is as follows:

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<b>Retail - Member Cost-Sharing up to the Initial Coverage Limit</b>	Member pays \$10 Copay for Tier 1 Generics \$0 Copay for Select Generics
	Member pays \$30 Copay for Tier 2 Preferred Brand
	Member pays \$45 Copay for Tier 3 Non-Preferred Brand

Up to one month (31 day) supply at indicated copay or coinsurance  
Three month (90 day) supply available at retail. Dollar copayments or applicable coinsurance will apply for each month supply.

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<b>Mail Order through Aetna Rx Home Delivery - Member Cost-Sharing up to Initial Coverage Limit</b>	Member pays \$10 Copay for Tier 1 Generics \$0 Copay for Select Generics
	Member pays \$30 Copay for Tier 2 Preferred Brand
	Member pays \$45 Copay for Tier 3 Non-Preferred Brand

Up to a three month (90 day) supply available via our preferred vendor, Aetna Rx Home Delivery.

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**Coverage Gap\***





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Once covered Medicare Prescription Drug expenses have reached the Initial Coverage Limit, the Coverage Gap begins. Member cost sharing under the plan between the Initial Coverage Limit and until \$4,750 in true out-of-pocket costs for Covered Part D drugs is incurred is as follows:

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**Retail - Member Cost-Sharing during Coverage Gap\***

Member pays \$10 Copay for Tier 1 Generics  
\$0 Copay for Select Generics

Member pays \$30 Copay for Tier 2 Preferred Brand

Member pays \$45 Copay for Tier 3 Non-Preferred Brand

Up to one month (31 day) supply at indicated copay or coinsurance

Three month (90 day) supply available at retail. Dollar copayments or applicable coinsurance will apply for each month supply.

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Member Cost Sharing during Coverage Gap\***

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\$0 Copay for Select Generics

Member pays \$30 Copay for Tier 2 Preferred Brand

Member pays \$45 Copay for Tier 3 Non-Preferred Brand

Up to a three month (90 day) supply available via our preferred vendor, Aetna Rx Home Delivery.

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**Catastrophic Coverage**

Member pays \$0 once \$4,750 in true out-of-pocket is incurred.



State of Maine

Aetna Medicare <sup>SM</sup> Plan (PPO)

Medicare ESA PPO Plan

State of Maine Rx Plan

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<b>Requirements:</b>	
<b>Precertification</b>	Yes
<b>Step-Therapy</b>	Yes
<b>Formulary</b>	Custom (Three Tier)

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